**Booklist**

Grief (Younger Children)

**The Day the Sea Went Out and Never Came Back: A Story for Children Who Have Lost Someone They Love** by Margot Sunderland

**Michael Rosen’s Sad Book** by Michael Rosen

**The Invisible String** by Patrice Karst

**When Something Terrible Happens: Children can learn to cope with grief** (A workbook) by Marge Heegaard

Helping your child with emotional regulation and processing

**The Whole Brain Child: 12 Revolutionary Strategies to Nurture Your Child’s Developing Mind**

by Daniel J. Siegel and Tina Payne Bryson

Explaining Therapy

**The Boy Who Built a Wall Around Himself** by Alison Redford